



# TruPLENISH™ Surpasses the Competition

**No other shake helps support your fat loss like TruPLENISH.†**

Featuring 20 grams of plant-based protein to keep you full, Glyconutrients and minerals to keep you healthy and fiber to keep your digestion on track, our TruPLENISH Nutritional Shake is a naturally sourced meal replacement that's the only choice when wanting to lose fat and shape a New You.†

- Helps maintain lean muscle.\*†
- Helps reduce feelings of hunger and increases satiety.\*
- Promotes healthy fat loss.\*†



## The Competition Doesn't Measure up to TruPLENISH Nutritional Shake:

	Mannatech TruPLENISH Shake	Isagenix IsaLean® Shake	Beach Body Shakeology®	Herbalife Formula 1®	Plexus P96	Advocare Meal Replacement Shake	USANA French Vanilla Nutrimeal™	ViSalus™ Vi-Shape	SlimFast®
<b>WHAT'S INSIDE:</b>									
Whey/dairy free	✓								
Soy free	✓	✓							
100% plant based (vegan)	✓								
At least 20 g of protein per serving	✓	✓		✓		✓			✓
At least 5 g of fiber per serving	✓	✓				✓	✓	✓	✓
Less than 20 g of carbohydrates per serving	✓		✓		✓			✓	✓
Less than 5 g of fat per serving	✓		✓	✓	✓	✓		✓	
Contains Glyconutrients	✓								
Less than 250 g of sodium per serving	✓	✓	✓		✓	✓		✓	✓
Grams of sugar	<b>5</b>	<b>11</b>	<b>7</b>	<b>3</b>	<b>0</b>	<b>12</b>	<b>18</b>	<b>1</b>	<b>1</b>
No artificial sweeteners	✓	✓	✓		✓		✓		

**\*This statement has not been evaluated by the U.S. Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.**

This analysis is based on the product label and/or product page on the company website.  
 ††When used in conjunction with Mannatech's TruHealth System, which includes a reduced calorie diet and regular exercise.  
 For more information, visit: [us.mannatech.com/products/weight-fitness/truplenish-nutritional-shake/](http://us.mannatech.com/products/weight-fitness/truplenish-nutritional-shake/)  
 For use in the U.S. only. 20113.0117



© 2017 Mannatech, Incorporated. All rights reserved. TruHealth, TruPLENISH, Mannatech and Stylized M Design are trademarks of Mannatech, Incorporated. Mannatech, Incorporated is not affiliated with the competitors listed in the chart in anyway.

IsaLean Shake is a trademark of Isagenix International LLC; Beach Body Shakeology is a trademark of Beachbody, LLC; Herbalife Formula 1 is a trademark of Herbalife International, Inc.; Plexus P96 is a trademark of Plexus Worldwide, Inc.; Advocare Meal Replacement Shake is a trademark of AdvioCare International, L.P.; USANA French Vanilla Nutrimeal is a trademark of USANA Health Sciences, Inc.; ViSalus Vi-Shape is a trademark of ViSalus Holdings, LLC; SlimFast is a trademark of KSF Acquisition Corporation.